# Year 7 Fundamentals

In History, our fundamentals are the required knowledge students need to remember to develop as excellent historians, combined with their development of the historical skills to showcase that knowledge and understanding.

**Knowledge Fundamentals-also known as Substantive Knowledge:**

Unit 1: How can I be a good historian?

| ***I know/I can*** |
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| Define chronology. |
| Describe the difference between continuity and change. |
| Describe the difference between cause and consequence. |
| Define significance. |
| Attempt to explain what an interpretation is. |
| Place events in time order on a timeline. |
| Describe what life was like in Britain in the Stone Age. |
| Describe the 4 key tribes- Celts, Romans, Anglo Saxons and Vikings |
| Compare the lives of people in Britain before 1066 to modern day Britain. |
| Begin to analyse sources and make some inferences (informed judgements) |
| Make a judgement about why Britain was attractive to invaders. |

Unit 2: How did the Normans conquer and change England forever?

| *I know/I can* |
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| Describe the three rivals to the throne of England in 1066. |
| Describe the Battle of Stamford Bridge and its effects. |
| Evaluate the Anglo Saxon and Norman armies in the Battle of Hastings. |
| Describe the events of the Battle of Hastings. |
| Make a judgment about why William won the Battle of Hastings. |
| Describe how Harold Godwinson died. |
| Define the Feudal System. |
| Define the Domesday book. |
| Define the different types of castles in England. |
| Analyse how William of Normandy changed England. |

Unit 3: What was the life like for people in towns and villages in the Middle Ages?

| *I know/I can* |
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| Describe what a peasant is. |
| Describe the differences in village and town life. |
| Describe jobs people did in the Middle Ages. |
| Analyse the role of women in the Middle Ages. |
| Describe the role of knights. |
| Describe the different types of entertainment people enjoyed. |
| Analyse how language changed. |
| Describe what food people eat and why. |
| Describe healthcare in the Middle Ages. |
| Analyse the crime and punishment system. |
| Analyse the differences between the lives of rich and poor people. |

Unit 4: How was the power of the monarchy challenged in the Middle Ages?

| *I know/I can* |
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| Describe what a monarch is. |
| Describe the relationship between Thomas Becket and Henry II. |
| Explain why Thomas Becket was murdered. |
| Describe what King John I was like as a King and why he was criticised |
| Analyse why the Magna Carta was a significant event |
| Describe what King Henry III was like as a King and why he was criticised |
| Analyse how Parliament was first introduced |
| Describe why the Peasants revolted in 1381. |
| Describe the events of the revolt |
| Analyse how the power of the monarch changed between 1170-1381 |

Unit 5: How did religion change under the Tudors?

| *I know/I can* |
|---|
| Describe what a monarch is. |
| Describe the relationship between Thomas Becket and Henry II. |
| Explain why Thomas Becket was murdered. |
| Describe what King John I was like as a King and why he was criticised |
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